

# RISE IN YXE

May 1<sup>st</sup>-5<sup>th</sup>, 2026

## RULES, REGULATIONS & ENTRY INFORMATION

Prepared by:  
DCP Dance Promotions

[dcpdancepromotions.ca](http://dcpdancepromotions.ca)





# WHAT MAKES US DIFFERENT



## Fair and Unbiased Judging

- Three adjudicators mark every group routine AND Two adjudicators mark every solo/Duo/trio routine to ensure thorough and impartial evaluations.

## 2-3 Video Adjudications per routine

- Each routine receives two-three video adjudications (depending on stage) filled with positive and constructive feedback, enhancing the learning experience for performers and teachers alike.

## On-Time Competition

- Rarely exceeding 12 hours per day, ensuring a timely and manageable schedule.
- Four breaks strategically scheduled throughout the day to alleviate stress and provide time for rest and rejuvenation.

## Community and Support

- Emphasis on fostering a sense of community and support among participants, teachers, and families.

## Celebrating Success

- Recognition of individual and collective achievements through cash prizes, overalls and scholarships.

## Innovative Challenges

- Introducing unique challenges that push dancers to showcase their versatility and creativity.

# ENTRIES:

To register your entries for the 2026 competition season, please send an email to [info@dcpdancepromotions.ca](mailto:info@dcpdancepromotions.ca), and we will respond with instructions on how to do so online.

To ensure a smooth and organized process, new studios can secure their spot in our competition by reserving it on a first-come, first-served basis. This helps us avoid any last-minute surprises like reaching full capacity and being unable to accommodate studios. After accommodating returning studios, we'll open the remaining spots to new studios without requiring deposits. It's worth noting that studios who withdraw after being added to the participant list may face consequences in future years, such as not being invited back to the competition.

We will be using an online registration platform for the competition, with the registration period beginning on October 22nd, 2025 for returning studios and November 5th, 2025 for new studios. Please note that late registration starts December 1st, 2025 and will be subject to an additional fee per routine and will not be accepted beyond December 22nd, 2025.

All fees or arrangements must be made by January 15th, 2026, to ensure that everything is in order for the competition. Schedules will NOT be released without full payment.

DCP Dance Promotions reserves the right to refuse entries. Entries are received on a first-come-first-served basis. Please enter early to avoid being turned away. Late entries will be accepted only if scheduling permits and at the late entry pricing/admin charge.

## SECOND STAGE AT RISEINYXE!

We are thrilled to announce the addition of a second stage at RISEinYXE! This exciting update allows larger studios to fully participate in our 4-5 day event without having to split or limit routines.

The second stage will host solo, duet, and trio performances, and we've added two additional adjudicators dedicated specifically to this space. All group routines will still perform on the main stage and continue to receive three full adjudications, maintaining the high standard and consistency you've come to expect from DCP Dance Promotions.

# AGE CATEGORIES:

Ages are averaged as of December 31, 2025. Birthdays after that date are not considered. Categories may combine up to two age groups, but if 12 or more dancers fall into one, we may split them (e.g., 15-16yrs to 15s and 16s). If a split group has 12+ routines, we'll award a Top 5.

# DIVISIONS:

There are no separate divisions for dancers, all participants will compete at the same level. However, we do offer a NOVICE and MASTERS Division to those that qualify.

**NOVICE DIVISION** - For dancers new to competition or early in their dance journey

## **WHO IS IT FOR?**

- Dancers in their first year of competition
- Dancers who train less than 2 hours per week (and less than 5 years of dance experience)

Dancers may only compete as Novice for a maximum of 2 seasons. Once they exceed training time or experience level, it's time to move into Competitive

**MASTERS DIVISION** - For dancers 17+ continuing their dance education or career

## **WHO IS IT FOR?**

- Dancers age 17 and older (as of Jan 1)
- Dancers who are enrolled in collegiate, pre-professional, or professional-level dance training, or
- Dancers who are actively pursuing dance as part of their career development.

## **DIVISION GROUP ROUTINE & PLACEMENTS**

- Placement is determined by the percentage of qualifying dancers in each routine:
- For group routines, if 50% or more of the dancers meet the division criteria, they will be put in the category of that division. e.g.,) Jazz Small group with 2 Masters dancers and 2 Competitive dancers, the group will compete in the Masters Division. Jazz Small group with 1 Masters dancer and 3 Competitive dancers, the group will compete in the Competitive Division.
- Dancers may appear in multiple routines across different divisions (e.g., a dancer could compete in both Competitive and Masters), as long as division rules per routine are followed.
- Special Novice Awards to recognize potential and progress
- Routines in the Masters Division will be adjudicated with the same scoring criteria as all other divisions but will compete only within the Masters Division for overall awards.
- A separate GEC and MEP will be offered depending on registrations for the Masters Division.
- Special Masters Awards may be given to recognize artistry, professionalism, and emerging potential in post-secondary dancers.

# STYLES

**\*\*\*Limit of Acro tricks in styles that are not Acro\*\*\***

3 trick limit.

What constitutes an “Acro” trick? Any Acro basics held for 4 seconds or less. Cartwheels, walkovers, aerials, ect. Jazz/modern style elements that pass through acro elements would be allowed and not count toward ex) veldez, needle to front roll with hands, shoulder stand transitions, shoulder roll, ect...

## JAZZ

Routine incorporating over 75% of jazz technique.

## TAP

No pre-recorded sounds

## CLASSICAL BALLET

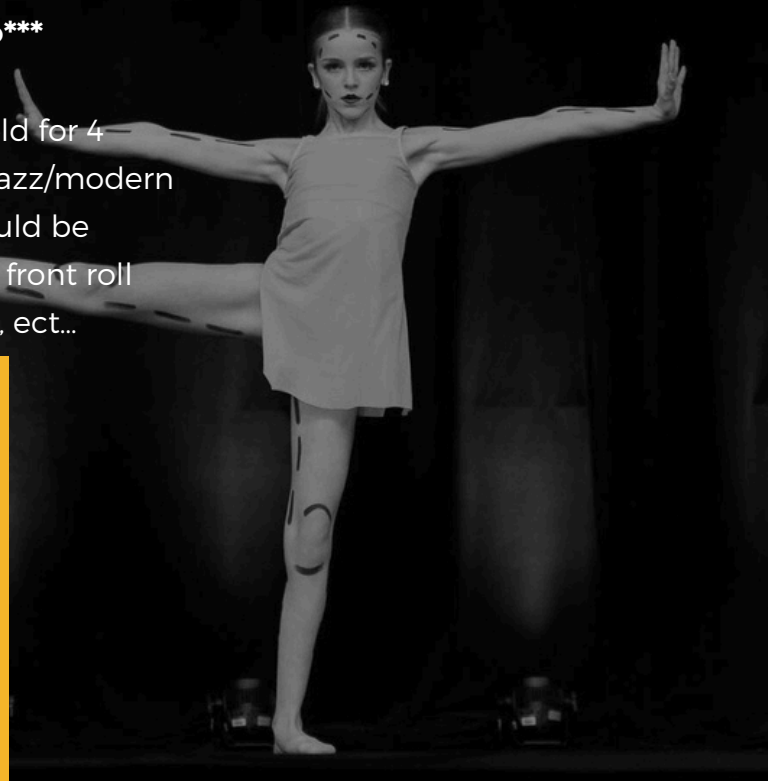
Routine 100% classical ballet technique head to toe. No lyrics in music. A traditional and highly formalized style of ballet that adheres to strict technique, precision, and grace. It follows structured positions, set movements, and often includes pas de deux, solos, and corps de ballet formations. Examples include Swan Lake, The Sleeping Beauty, and Giselle.

## DEMI/CHARACTER BALLET

Can have props or lyrics. Variations must have proper titling. A style that blends elements of classical ballet with expressive storytelling and character-driven movement. It requires strong ballet technique but allows for more freedom in expression, often incorporating elements of folk dance or mime. Dancers portray specific roles, such as playful or dramatic characters, while maintaining classical ballet technique. flamingos, Party goers, the Mazurka and Czardas in Swan Lake or the Spanish, Russian, and Arabian dances in The Nutcracker.

## POINTE

A routine where 50% or more of the dancers are on pointe or 50% or more of the routine is performed on pointe.



## LYRICAL

Routine utilizing primarily jazz and ballet technique to express emotion or conveying the lyrics of the music. Balance, control and extension should be demonstrated.

## CONTEMPORARY

Routine that pushes traditional boundaries, fluidity, strength, and emotion. Fusing multiple styles together, such as Lyrical and Modern (telling a story but using pictures, flexed lines and grounding work.) Words in music are usually used.

## MODERN

Rooted in pioneers like Graham and Cunningham, it combines diverse movement styles and individual interpretation. Generally no lyrics in the music used.

## ACRO

Routines that prominently feature acrobatic techniques and tricks. This category is suitable for routines that include more than 3 acro tricks. Acro can be seamlessly blended with various styles like lyrical, jazz, or modern, allowing for a diverse range of creative possibilities.



# STYLES CONT

\*\*\*Limit of Acro tricks in styles that are not Acro\*\*\*

3 trick limit.

What constitutes an "Acro" trick? Any Acro basics held for 4 seconds or less. Cartwheels, walkovers, aerials, ect. Jazz/modern style elements that pass through acro elements would be allowed and not count toward ex) veldez, needle to front roll with hands, shoulder stand transitions, shoulder roll, ect...

## OPEN

This category is for any routine that does not seem appropriate in any of the above listed categories. I.e) Improv, National, ect. These are eligible for placements, adjudication and awards with the exception of improv winning overall or most innovative choreography award. For routines with combined disciplines such as - Jazz/HipHop routine, Tap/Pointe routine. **Style and reasoning for being an open solo must be supplied.**

## \*STUDENT CHOREOGRAPHY

This is for any routine that has been choreographed by a competing student. ONLY getting feedback on choreography and a mark based on dance performance and ability. These are eligible for placements and adjudication, Awards not eligible for overalls. Style of entry must be supplied.

## \*PRODUCTION

Productions may include any number or combination of dance and variety disciplines. Each production will be allotted a five-minute set-up period and a five-minute take-down period.

If a production requires more than 10 minutes total for set-up and take-down, an additional \$50 fee will apply. Please note: there are no age or division categories for productions.

Productions must include a minimum of 20 dancers. If fewer than 20 dancers are participating, studios will be required to pay the equivalent fee of 20 dancers to cover the extended stage time allotment.

## VARIETY

A routine that uses theatrical characterization performance and may include the use of body expression, acting, and LIP-SYNCING. Anything containing more than 16 counts of the mentioned above should be placed in this category.

## BROADWAY/THEATRE

A routine that uses theatrical performance and includes the use of LIVE VOCALS, spoken dialogue, acting, and dance. Anything containing more than 16 counts of the mentioned above should be placed in this category. Broadway combines character with voice and dance to create a triple threat artist.

## HIPHOP/COMMERCIAL/STREET

Routines consisting primarily of hip-hop, commercial and street dance technique.

\* These numbers do not qualify for cash prizes.

# GROUP CATEGORIES

Including Sizes and Times

GROUP CATEGORY	NUMBER OF DANCERS	TIME ALLOTTED
SOLOS	1	2.5 MIN
DUETS	2	3 MIN
TRIOS	3	3 MIN
SMALL GROUP	4-9	4 MIN
LARGE GROUP	10-19	4 MIN
LINE GROUP	20	5 MIN
PRODUCTIONS	20 - UNLIMITED	25 MIN

## REPEATING/ADDITION OF DANCERS

If there is a group competing against itself with more than 50% of the dancers in both groups they must dance out of category or in open.

If the number of dancers in a routine happens to change from the time of entry, to the event, you must contact our office to inform us of the changes immediately. We will do our best to accommodate the change if it moves you out of category.

# MEDALS / AWARDS

**MEDALS WILL BE AWARDED TO 1ST, 2ND, AND 3RD PLACE. IF A CATEGORY HAS MORE THAN 12 ROUTINES, TOP 5 WILL BE ANNOUNCED.**

**THERE WILL BE ONLY 1 GOLD MEDAL AWARDED IN EACH GROUPING. TIES FOR 2ND AND 3RD ARE ALLOWED.**

- The Adjudicator's decision is final on all marks/awards during the competition.
- Scholarships, overalls and trophies will be awarded at the end of the competition to the participating dancers.
- Notify competition coordinator via email within 2 weeks of the completion of competition if the scholarship awarded will not be used.
- Awards are not transferable to other School of Dance dancers, sibling/friends or instructor.

## INDEPENDENT ENTRIES

Independent entries will NOT be accepted. However we have the right to allow previous Maximum Elite Performer Winners to attend without their studio as long as a studio representative is assigned to their account.

## ADJUDICATION ONLY

If a dancer performs a routine outside their designated category, it will be considered for adjudication purposes only. While they will still receive feedback and adjudication videos, they will not be eligible for medals, awards, or placements.



# GROUP ELEVATION CHALLENGE



## G E C

Participating studios have the opportunity to showcase their talent and compete in the Group Elevation Challenge. Open to all studios attending the event (with 7 groups or more, Masters division excluded), each studio can select **1 group routines** per division to enter into the challenge, with any genre, and group size eligible, except for productions.

We will have a JR category, ages 14 and under. A SR category, ages 15 and up. **NEW THIS YEAR** we have a MASTERS category for those in the Masters Division.

Studios must declare their intent to enter the challenge during the registration process and specify the chosen routines. During the competition, the selected group routines will be removed from the regular schedule and judged head-to-head by the panel of adjudicators. The routines will be evaluated based on criteria such as technique, choreography, execution, musicality, and overall performance quality. The routine with the highest cumulative score will be crowned the Group Elevation Champions, earning the winning studio a cash prize of \$2,000 in addition to the titles.

\*\*DCP Dance Promotions reserves the right to amend the rules of the Group Elevation Challenge if necessary, with any changes communicated to participating studios promptly. By entering the challenge, studios agree to abide by these rules and any decisions made by DCP Dance Promotions and the adjudication panel.

## MAXIMUM ELITE PERFORMER

DCP Dance Promotions offers soloists the chance to showcase their skills in the Maximum Elite Performer.

**Soloists with three or more** registered solos can opt to enter this challenge.

We offer 2 age categories for the MEP, 10-14yrs and 15-18yrs. As well as 1 division category for MASTERS.

During registration, soloists must indicate their interest in participating in the Maximum Elite Performer.



MEP

Out of their registered solos, soloists will choose two to compete in the regular competition. For these two solos, 25% of each solo's score will contribute to the soloist's final mark. The third solo will be designated for the Maximum Elite Performer (MEP) and will not be entered into regular competition. Instead, MEP solos will be performed at the end of the event in a head-to-head showdown with other MEP soloists. In this category, 50% of the MEP solo's score will be added to the combined score of the two solos from the regular competition. The soloist with the highest combined score will be crowned the Maximum Elite Performer, earning a cash prize of \$500 in addition to the title.

\*\* Throughout the competition, soloists are expected to exhibit sportsmanship and respect. Any conduct deemed unsportsmanlike may lead to disqualification from the Maximum Elite Performer. DCP Dance Promotions reserves the right to amend the rules of the challenge if necessary, with any changes communicated to participants promptly. By entering the Maximum Elite Performer, soloists agree to adhere to these rules and decisions made by DCP Dance Promotions and the adjudication panel.

# DCP DANCE PROMOTIONS DIRECTORS AND STAFF ALONGSIDE THE VENUE

- Reserves the right to video record events.
- Will not be responsible for lost or stolen articles.
- Will not be responsible for any personal injuries occurring during the competition.
- Will accept written concerns, which have been signed and submitted to a DCP director.
- A practice room will be provided with a music system. This music system will be Electronic Device compatible.
- DCP is NOT assuming responsibility for dancers who miss their performance BE EARLY. We reserve the right to run up to 30 minutes ahead of schedule. Performers must wait in the backstage area until their category is called and remain there once finished to return for sessional adjudication. Be ready for your performance or you could miss your time slot
- No parents or siblings are allowed backstage (schools please remind your parents of this) – DCP employees, venue staff/ Instructors and Performers ONLY.
- NO CAMERAS AND NO VIDEOS / ALL CELLULAR PHONES ARE TO BE SWITCHED OFF IN THE AUDITORIUM.
- Any damage done to the venue will be billed to the appropriate school (i.e. damage done to the floor by use of props, etc.).

- Students and Teachers must refrain from wearing school insignias on stage. This includes taking props on and off stage.
- Please notify the backstage manager of any props used in routines, ensuring they are placed on and removed from the stage within 1 minute. Note that exceeding the time limit may incur a fee. You may purchase addition prop time on the portal when registering.
- Placement and removal of props is the responsibility of the studio.
- Props may be brought into the holding area prior to the beginning of the day or scheduled breaks that they are needed in. (Arrangements can be made to use the back loading doors).
- Please note that unsportsmanlike behavior or bullying of any kind will result in immediate disqualification from the competition and removal of awards. We strive to maintain a positive and respectful environment for all participants.

**ANY DECISION OF DCP DANCE  
PROMOTIONS REGARDING  
ALL MATTERS ARISING FROM  
AND NOT INCLUDED IN THESE  
REGULATIONS SHALL BE  
FINAL.**

MAY 1ST-5TH  
2026 SEASON

# WE CAN'T WAIT TO SEE YOU #RISE

ANY QUESTIONS?



Contact us at [info@dcpdancepromotions.ca](mailto:info@dcpdancepromotions.ca)